

FAMILIES FORMING DISCIPLES

PREPARING FOR ADVENT

TOPICS: PREPARING FOR ADVENT & THE SPIRITUAL & CORPORAL WORKS OF MERCY

FAMILY AT-HOME MISSION ACTIVITY

Your Family At-Home Mission is to create together a Family Advent Plan and interview a grandparent or senior for your Senior Sharing. Be ready to tell about both of these experiences at Week 3's gathering of families.

Step 1: Watch 1 video on the Corporal Works of Mercy and 1 video on the Spiritual Works of Mercy, and/or read the USCCB explanations about the Spiritual and Corporal Works of Mercy.

- [*Corporal Works of Mercy*](#) / Catholic Central- 5 min (Tweens & teens)
- [*Corporal Works of Mercy song*](#) - 2 min (Younger children)
- [*Spiritual Works of Mercy*](#) / Catholic Central (5 min)
- [USCCB Spiritual Works of Mercy](#)
- [USCCB Corporal Works of Mercy](#)

Step 2: After learning about the Spiritual and Corporal Works of Mercy, together decide which Works of Mercy your family will do this Advent. Don't feel you have to do all of them, because that's not practical. Some you may already do, like praying for the living and the dead. That's great! Keep doing those works and pick one or two more that fit naturally into your family life to do for Advent. Remember that Works of Mercy first begin at home within your family. Works of Mercy give us opportunities to love one another with God's love, and then to share that love by serving our neighbors.

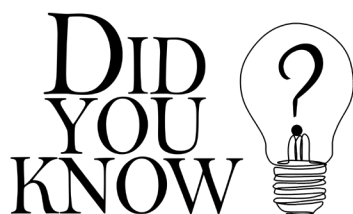
Next, make a Family Advent Plan that corresponds to what you have learned about the Works of Mercy.

Step 3: Reach out to a grandparent(s) or senior adult(s) in your family/community and ask them about their favorite memories of Advent when they were growing up. Consider sharing about the experience through social media ([#sendyourhug](#)).



Step 4: Pray together! Choose a time for your family to gather around your family's home altar or prayer corner and begin practicing the Spiritual Works of Mercy by praying together for others and for one another.

Step 5: Get ready to share about your Family Advent Plan and Senior Sharing at Week 3's gathering of families.



The Solemnity of Christ the King...

The Solemnity of Christ the King was originally instituted as a feast day by Pope Pius XI in 1925 in response to growing secularism in nations and individuals. Among other things, the Pope wanted to encourage all the faithful to keep Christ at the center of their minds, hearts, wills, bodies, and souls, so as to allow Christ to reign as He should in our lives, leading us to true freedom. Pope Paul VI elevated the feast to a solemnity (a feast of the highest order) and moved the celebration to the final Sunday in Ordinary Time (the last Sunday of the Church year before Advent begins) under the title of Our Lord Jesus Christ, King of the Universe.

How will your family celebrate this Solemnity?