

# YEAR 4 - LESSON 6 - CATECHIST GUIDE WK. 1



FAMILIES FORMING DISCIPLES

A FAMILY-FOCUSED APPROACH TO FAITH FORMATION

## GOD'S SAVING LOVE FOR US: LITURGY AND THE SEVEN SACRAMENTS

### TOPIC: THE SACRAMENTS OF HEALING: ANOINTING OF THE SICK

*Sacred Scripture*  
IS 40:1-2, LK 5:17-26,  
JAS 5:14-15

### REFERENCES:

CATECHISM OF THE CATHOLIC CHURCH  
no. 1499

CREED	LITURGY	LIFE	PRAYER
nos. 430-40, 547-50, 695	nos. 1114-1116, 1499-1532	nos. 1716-17, 1929-33, 1996- 2005, 2044-46, 2443-49	nos. 2629-36, 2828-54

### Goals:

- Families will learn about: The Sacraments of Healing, particularly the Sacrament of the Anointing of the Sick.
- Families will reflect on the merciful healing of Jesus in Sacred Scripture.
- Families will pray a *visio divina* (“divine seeing”; praying with visual artwork), meditating on the healing of the paralyzed man.

### OPENING PRAYER

Lord Jesus Christ,  
We entrust our family to You and ask for  
Your blessing and protection. We love You  
Lord Jesus with all our hearts and we ask  
that You help our family become more like  
the Holy Family. Help us to be kind, loving,  
and patient with one another. Give us all the  
grace we need to become saints and Your  
faithful disciples.  
Amen.



### ICE BREAKER

MIX AND MATCH CANDY CHALLENGE

**What You Will Need:** A bowl of multicolored candy (like M&Ms or skittles) and a posterboard list of challenges correlated with each color

**Set-Up:** First, decide what each candy color will require, for example:

- Blue candy: Sing a line from your favorite song (and see who can guess it)
- Red candy: Hop in a circle on one foot
- Orange candy: Imitate your favorite celebrity
- Green candy: Do a dance
- Purple candy: Tell a funny joke

Write these on a list (but don't show the list until after everybody has selected their candy).

**How to Play:**

1. Families sit in a circle, pass the bowl around and have each person pick a handful of candy.
2. Each person can eat all but one piece.
3. Then, go around the circle and have everyone perform the challenge associated with the selected color.



## MATERIALS

- Bibles
- [Jesus Forgives and Heals the Paralyzed Man coloring page](#) to be used any time during session
- Crayons or colored pencils
- Mix and Match Candy Challenge Ice Breaker, bowl of multicolored candy (like M&Ms or skittles), posterboard list of challenges correlated with each color
- Family Activity: [A Craft](#) to Support a Lesson on the Anointing of the Sick and complete the Laying on of Hands craft
  - construction paper
  - pencils
  - markers
  - scissors



## BACKGROUND RESOURCES FOR CATECHISTS

- [Anointing of the Sick](#)
- **CCC on the Sacrament:** Read CCC, nos. 1499-1532, for essential background on the Sacrament of the Anointing of the Sick.
- **Christ's ministry of healing is part of his rescue mission:** Jesus' work of healing is part of His overall work of redemption, rescuing us from the dominion of sin, death, Hell, and the devil. Jesus' mercy and healing show us that the powers of sin and death have lost their hold on us, who are claimed by Him.
- **Not only for the dying:** This great Sacrament of Healing is not only for those who are dying, though it benefits them greatly. Read CCC, nos. 1514-15, to learn more.
- **Beautiful grace:** Read CCC, nos. 1520-23 and 1532, for summary of the effects of celebrating the Sacrament of the Anointing of the Sick. Along with Confession, it might be one of the best kept secrets of the Church when it comes to the sacraments. Let us help many more benefit from this great sacrament!



# TEACH

## 1. Hook/Question

Last month, we learned that there are two Sacraments of Healing. Sin hurts our relationship with God and some sins actually separate us from God's grace. God our Father knew that after Jesus' Death, Resurrection, and Ascension—and even after our own Baptism—we would still sin, but God loves us anyway and wants to be as close as He can be to us. So, what sacrament did He give to us to bring us closer to Him again?

**Answer:** The Sacrament of Reconciliation

## 2. Introduce Topic

Today we are going to learn about the other Sacrament of Healing. Do you remember what that sacrament is called?



**Answer:** The Sacrament of the Anointing of the Sick

## 3. CONTENT

**Explain:** Both of these sacraments came to us from God our Father through our Lord Jesus by the power of the Holy Spirit. During his public ministry, Jesus forgave sins and healed others. He taught His Apostles to do the same.

**Watch:** [The Chosen scene: Jesus heals the paralytic](#) (Luke 5:17-26)  
(5 min)



## VISIO DIVINA

1. Share with families what stood out to you in the video of Jesus' healing of the paralytic man.
2. Invite families to share what stood out to them and why.
3. Ask families what their favorite story of Jesus healing someone in the Bible is.
4. Invite families to open their bibles, find their stories and share them with one another, explaining why the story is their favorite.

**Watch:** What is the Anointing of the Sick?

**Ask:** What are some of the signs of the Sacrament of the Anointing of the Sick that were mentioned in the video?

**Answer:** Blessed or consecrated oil, the Sign of the Cross, and laying on of hands (accompanied by the prayer of faith)



# FAMILY ACTIVITY



**Read:** A Craft to Support a Lesson on the Anointing of the Sick and complete the [Laying on of Hands craft](#)

## MISSION

# 1

### First, Introduce Mission Activity

Mission Activities are to be done at home during Week 2 and to be shared at the gathering of families on Week 3.

# 2

### Second, Explain Activity

- i. Watch the videos about the Sacrament of the Anointing of the Sick.
- ii. As a family, make a list of people who need prayers for healing, both spiritual and physical.
- iii. Gather as a family around your home altar and place your healing hands craft upon it.
- iv. Pray for those who are sick around your home altar

# 3

### Last, model for families!

- i. Share about some of the people you are praying for (if you have their permission to do so) and/or the list of people asking for prayer in the church bulletin.

## REVIEW & CLOSE IN PRAYER

### Healing Prayer Attributed to Padre Pio

Heavenly Father,

I thank You for loving me. I thank You for sending Your Son, Our Lord Jesus Christ, to the world to save and to set me free. I trust in Your power and grace that sustain and restore me.

Loving Father, touch me now with Your healing hands, for I believe that Your will is for me to be well in mind, body, soul and spirit.

Cover me with the most Precious Blood of Your Son, our Lord, Jesus Christ from the top of my head to the soles of my feet.

Cast out anything that should not be in me. Saturate my entire being with Your presence, love, joy and peace and draw me ever closer to You every moment of my life.

And Father, fill me with your Holy Spirit and empower me to do Your works so that my life will bring glory and honor to Your holy name. I ask this in the name of our Lord Jesus Christ. Amen.

Adapted from [Pembroke Diocese](#).



# SUPPORTING QUOTES FROM CHURCH DOCUMENTS

*Catechism of the Catholic Church*, no. 1499:

“By the sacred anointing of the sick and the prayer of the priests the whole Church commends those who are ill to the suffering and glorified Lord, that he may raise them up and save them. And indeed she exhorts them to contribute to the good of the People of God by freely uniting themselves to the Passion and death of Christ.”

**Pope Francis, General Audience (Feb. 26, 2014):**

Today I would like to talk to you about the Sacrament of the Anointing of the Sick, which allows us to touch God’s compassion for man. In the past it was called “Extreme Unction”, because it was understood as a spiritual comfort in the face of imminent death. To speak instead of the “Anointing of the Sick” helps us broaden our vision to include the experience of illness and suffering, within the horizon of God’s mercy.

There is a biblical icon that expresses, in all its depths, the mystery that shines through the Anointing of the Sick: it is the parable of the “Good Samaritan” contained in the Gospel of Luke (10:30-35). Each time that we celebrate this Sacrament, the Lord Jesus, in the person of the priest, comes close to the one who suffers and is seriously ill or elderly. The parable says that the Good Samaritan takes care of the suffering man by pouring oil and wine on his wounds. Oil makes us think of that which is blessed by the Bishop each year at the Holy Thursday Chrism Mass, precisely in view of the Anointing of the Sick. Wine, however, is a sign of Christ’s love and grace, which flow from the gift of his life for us and are expressed in all their richness in the sacramental life of the Church. Finally, the suffering person is entrusted to an innkeeper, so that he might continue to care for him, sparing no expense. Now, who is this innkeeper? It is the Church, the Christian community — it is us — to whom each day the Lord entrusts those who are afflicted in body and spirit, so that we might lavish all of his mercy and salvation upon them without measure.