



FAMILIES FORMING DISCIPLES

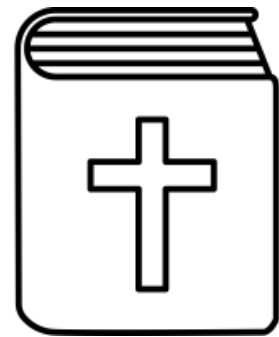
A FAMILY-FOCUSED APPROACH TO FAITH FORMATION

GOD'S SAVING LOVE FOR US: LITURGY AND THE SEVEN SACRAMENTS

TOPIC: THE SACRAMENTS OF HEALING: ANOINTING OF THE SICK

MATERIALS

- **Ice Breaker: Jesus, the Great Physician**
 - o Bibles, paper, pencils
- **Cards for the Sick**
 - o Construction paper, markers, crayons, glue, glitter or other decorations, etc.



Goal(s):

- Families will learn about the Sacrament of the Anointing of the Sick.
- Families will see how numerous are the Gospel stories of Jesus healing people.
- Families will do a Corporal and Spiritual Work of Mercy by making cards and praying for those who are unwell.

OPENING PRAYER

Lord Jesus Christ,
We entrust our family to You and ask for Your blessing and protection. We love You Lord Jesus with all our hearts and we ask that You help our family become more like the Holy Family. Help us to be kind, loving, and patient with one another. Give us all the grace we need to become saints and Your faithful disciples.
Amen.



ICE BREAKER

Jesus, the Great Physician

1. Make sure each family has a bible, piece of paper and pencil.
2. Using their bibles, families find and list as many people as they can who were healed by Jesus in the Gospels in 3 minutes, including the chapter and verse.
3. At the end of 3 minutes, the family with the most healings of Jesus listed wins!
4. Ask the winning family to read their list aloud.

Adapted from signupgenius.com



CONTENT

Explain: As we can see from the Scriptures, during his public life Jesus healed many people and cast out many demons. He gave His Apostles the power to cast out unclean spirits and to heal all kinds of sicknesses. In fact, after Jesus rose from the dead, ascended into Heaven and took his place on His heavenly throne, St. James, one of the first Apostles, wrote about the early Church practicing the earliest form of the Sacrament of the Anointing of the Sick.

Invite: Please open your bibles to [James 5:14-15](#).

“Is anyone among you sick? He should summon the presbyters of the church, and they should pray over him and anoint him with oil in the name of the Lord, and the prayer of faith will save the sick person, and the Lord will raise him up. If he has committed any sins, he will be forgiven.”

MAIN CONCEPT

The Sacrament of the Anointing of the Sick brings the healing touch of Jesus into our lives too. In this sacrament, we pray that the sick person be healed in body and soul. Sometimes a physical healing does take place, if it is God’s will, but not always. However, the Lord, through the power of the Holy Spirit, always offers spiritual healing and forgiveness, with or without the physical healing, in the Anointing of the Sick.

FAMILY CONVERSATION

1. Share questions with the families before starting the video. To make it easier, you may consider giving each family just one of the questions to answer.
2. Watch: [Anointing of the Sick](#) | Catholic Central
3. Give families time to answer the questions:
 - Who can receive this sacrament?
 - o Someone in danger of dying from sickness or old age, including, for example, anyone with a chronic sickness or a serious upcoming surgery
 - Who administers this sacrament?
 - o Priest
 - What does the priest use in this sacrament?
 - o Wears a Stoll & anoints with oils

- Is this a Sacrament of Initiation, Healing or Service?
 - Healing
 - Do we need it to get into Heaven?
 - No (but it does help, especially if someone needs forgiveness of sins that is not able to be obtained through the Sacrament of Confession)
 - Why are the gestures and/or signs of the Anointing of the Sick so powerful?
 - Because they show us God is with us during our sickness
4. As a large group review the questions and share the answers.

Watch: [Jesus Heals The Leper - The Chosen](#) (4 min)

CONTENT CONTINUED

Explain: The Works of Mercy are found in the teachings of Jesus and give us a model for how we should treat others, as Christ in disguise.

Jesus told us to feed the hungry, to give drink to the thirsty, to clothe the naked, welcome the stranger, to visit the sick, to visit the imprisoned, and to bury the dead. These are the [corporal works of mercy](#).

FAMILY ACTIVITY

“Hungry not only for bread - but hungry for love. Naked not only for clothing - but naked of human dignity and respect. Homeless not only for want of a home of bricks - but homeless because of rejection.”

-St. Teresa of Kolkata



1. Read the quote from St. Teresa of Kolkata.
2. Reflecting on the words of Mother Teresa, each family creates a list of people who are sick and in need of prayer. Families can also use the list of the people that are sick from the church bulletin.
3. Then, ask families to make cards for them.
4. Explain: This is a Corporal Work of Mercy as Jesus calls us to comfort them!
5. Get addresses and/or coordinate with your parish office to ensure that the cards will be mailed to those on the list.

CONTENT CONTINUED

Explain: Jesus also calls us to do Spiritual Works of Mercy. These are:

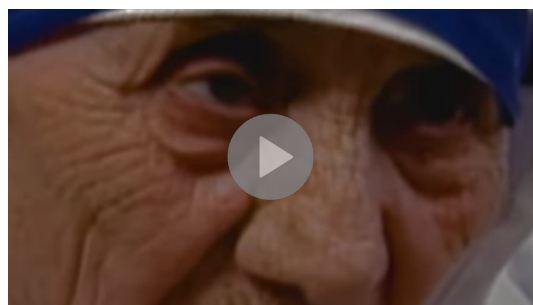
- Admonish the sinner. (Give correction to those who need it.)
- Instruct the ignorant. (Share our knowledge with others.)
- Counsel the doubtful. (Give advice to those who need it.)
- Comfort the sorrowful.
- Bear wrongs patiently.
- Forgive all injuries.
- Pray for the living and the dead.

USCCB: [The Spiritual Works of Mercy](#)

Today, we are going to close our time together by praying for those people for whom we have just made cards, which is a Spiritual Work of Mercy.

PRAY

1. **Watch:** [Mother Teresa – “Never Before Broadcast Footage”](#)
(On Family Prayer)
2. **Pray:** [A Litany of Healing](#)



REMIND

Remind families about
the next meeting
date and time.

