



# FAMILIES FORMING DISCIPLES

A FAMILY-FOCUSED APPROACH TO FAITH FORMATION

## YEAR FIVE

*CALLED TO LOVE: THE ADVENTURE OF LIFE IN CHRIST*

Drawing from Sacred Scripture and the *Catechism of the Catholic Church*, Year 5 emphasizes the great dignity and call of the Christian life. As sons and daughters of the Father in the Son, we are called to follow Jesus and, by the Holy Spirit and the grace of the sacraments, to become ever more configured to Him.

**The overall goal of Families Forming Disciples is to help more families to pray and encounter Jesus together and to grow as His disciples—therefore living more of who they are as the Domestic Church.**

For Year 5, a specific goal is to help families grow in their knowledge and understanding of the Christian moral life. As with previous years, Year 5 lessons will connect with the liturgical seasons and include key references from Sacred Scripture and the *Catechism of the Catholic Church*, all the while helping families deepen their appreciation of God's call to love and to live the adventure of a life in Christ. As always, catechists are encouraged to keep the *kerygma* (the proclamation of the saving message of the Good News--Jesus' saving Passion, Death, Resurrection, and glorious Ascension) and the Person of Jesus Christ ever before them. Lessons will regularly connect with Jesus, who, as our Lord, Savior, and High Priest, is the main actor in the sacraments. Helpful references for catechists on the kerygma and on the importance of Sacred Scripture for catechesis are found in Pope Francis' *Evangelii Gaudium*: nos. 164-165 and 174-175.

### August (intro session)

#### **Welcome Session for Families**

*Domestic Church*

*Life in Christ – Year at a Glance*

### September (Lesson 1)

#### **Holy Trinity**

*The Holy Trinity is Family*

*God is a Communion of Persons*

*God is Love*

*Heaven and Earth – Gift of Creation*

*Angels & Fallen Angels*

### October (Lesson 2)

#### **God Creates Order and Harmony**

*Human Dignity, Freedom & Responsibility*

*Adam's Priesthood*

*Created Male and Female in God's Image, Called to Love*

*How Do We Live in God's Love for Us?*



**November (Lesson 3)**

**What Happens When We Live Outside of God's Order?**

*The Fall of Man*

*Cain & Abel*

*Inclination to Sin*

*God's Love and Mercy for the Sinner!*

**December (Lesson 4)**

**God's Plan to Save Us!**

*The Chosen People*

*Immaculate Conception*

*God's Rescue Mission*

**January (Lesson 5)**

**The Gift of the Law & the Call to Love God Above All**

*Old Law as Preparation for the Gospel*

*The Twofold Commandment of Love*

*The Greatest Commandment*

*The First Three Commandments*

**February (Lesson 6)**

**The Call to Love of Neighbor**

*The Fourth Commandment – Family & Community Life*

*The Last Six Commandments – Loving Yourself and Others*

**March (Lesson 7)**

**New Law Fulfills the Old Law**

*Incarnation – God Becomes Man*

*Jesus – The Way, the Truth, and the Life*

*Sin and Forgiveness*

*Beatitudes as the Way of Christ*

*Grace & Christian Holiness*

**April (Lesson 8)**

**Living in the Holy Spirit**

*Jesus' Ascension*

*Holy Spirit and the Church*

*Gifts and Fruits of the Holy Spirit*

*Called to Communion with God and with Each Other – Catholic Social Teaching*

**May (Lesson 9)**

**Mary & the Mission of Discipleship**

*Mary as Model Disciple*

*The Necessity of Prayer*

*The Christian Moral Life: Following Jesus*

