

# YEAR 1 - LESSON 9 - PARENT GUIDE WK. 2

## FAMILIES FORMING DISCIPLES

### ASCENSION AND PENTECOST

**TOPIC:** CONTINUING *LIVING-THE-EASTER-SEASON FAMILY PLAN*  
LEARNING ABOUT PENTECOST

#### FAMILY AT-HOME MISSION ACTIVITY

Your Family At-Home Mission is to review the resources below, share about your *Living-the-Easter-Season Family Plan*, watch the videos to learn about Pentecost, place a candle on your home altar/prayer space, and pray the Holy Spirit prayer below together as a family.

#### MATERIALS

- Origami Holy Spirit Dove requires one plain white piece of paper for each person
- Favorite snacks for Family Movie Night
- Candle for home altar prayer

**Step 1:** Since we are still in the Easter Season, be prepared to share about how your *Living-the-Easter-Season Family Plan* is going. Which activities are your favorite so far and why?

**Step 2:** Make your favorite snack and have a Family Movie Night!

If your parish has formed FORMED, Watch: [\*The Witness Trilogy – The Messengers, The Birth of the Early Church\*](#)

If your parish does not have FORMED watch LIHMposts: [\*The Holy Spirit \(Ep 6\)\*](#)

(for younger children & includes Origami Holy Spirit Dove instructions)

**Step 3: Watch:** *Pentecost Catholic [Forever Changed]*  
Catholic Minute 6:48



Catholic  
Minute  
www.CatholicSpeaker.com



**Step 4:** Place a candle on your home altar and together pray for the release and outpouring of the fullness of the Holy Spirit in the life of your family.

- i. Dad or Mom lights a candle
- ii. Ask everyone to quiet themselves
- iii. Ask everyone to make the Sign of the Cross with you
- iv. Ask everyone to lift up their hands, bow their heads

and repeat after you:

*Come Holy Spirit, come.*

*Fill us with the grace that the Apostles experienced in the Upper Room.*

*Renew our baptismal consecration and transform us  
Anoint us with the fire of Your love.*

*Release and pour out the fullness of Your Spirit within  
our family life,*

*So we may go out and preach the Good News.*

*Holy Spirit, come.*

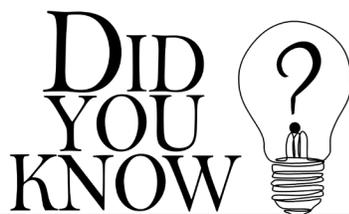
*Holy Spirit, come.*

*Holy Spirit, come.*

*Glory Be...*



**Step 5:** Complete the [Families Forming Disciples Family Survey](#) if you have not already done so.



## *The Most Blessed Trinity: At the Center of Our Faith and Life*

The Sunday following Pentecost is the Solemnity of the Most Blessed Trinity! The Holy Trinity is the three Divine Persons, God the Father, God the Son, and God the Holy Spirit—one God in three Persons. The Trinity is difficult to understand which is why we call it a mystery. You can think of it as a family with individual members, but in this case, the members are fully divine and fully united or in communion with one another as One (one God).

Knowing and encountering God as a communion of Persons has great meaning for all of us. We are made for this kind of communion with others and ultimately with God in Heaven. Even here on earth our families reflect the divine communion of Persons (though imperfectly!). Through the revelation of the Blessed Trinity, we know that each of us is made for love and from love.

Give thanks to the Lord on the Solemnity of the Most Blessed Trinity for revealing Himself to us and calling us to be in communion with Him and with others through the Church!

## *How will you celebrate?*

### *Going Deeper...*

“The mystery of the Most Holy Trinity is the central mystery of the Christian faith and of Christian life. God alone can make it known to us by revealing himself as Father, Son, and Holy Spirit” (CCC, no. 261). One God in three Divine Persons. Each of the Persons is truly and wholly God, one in nature and distinct as Persons in their relationship with each other. That is definitely a mystery, and that is why it is full of meaning that we will never exhaust!

Two more points to ponder: First, through Jesus and the Holy Spirit, we know that God is Triune. The whole history of salvation is intertwined with God’s gradual revealing of Himself, which culminates in God the Father’s sending of the Son (Incarnation and Paschal Mystery) and the Holy Spirit (Pentecost). Second, God, who is never “alone” or solitary and never lacking, had no need to create us. However, He chose to create us out of love. God is love (1 Jn 4:8, 16)—and we know this fully in the revelation of the Trinity, that God is three Divine Persons in an eternal communion of love. Knowing God as the Blessed Trinity helps us begin to understand how much God loves us!

## *Corpus Christi: The Solemnity of the Body and Blood of Our Lord Jesus Christ*

This solemnity is the following Sunday after Trinity Sunday. Check to see if your parish is offering extended adoration time or a Eucharistic procession. See [archatl.com/cometome](http://archatl.com/cometome) for more information about the Eucharistic Renewal.