



FAMILIES FORMING  
DISCIPLES

A FAMILY-FOCUSED APPROACH TO FAITH FORMATION

## GOD'S COVENANT WITH DAVID

**TOPICS: GOD'S COVENANT WITH DAVID (ROYAL COVENANT)  
JESUS THE DESCENDENT OF DAVID AND THE KING OF KINGS**

### GOAL(S):

- Families will explore the Book of Psalms and share their favorite Psalms.
- Families will reflect on how they are a living part of the fulfillment of God's promise to Abraham (i.e., the worldwide blessing) through their life in Jesus Christ.
- Families will share their plans for Living the 50 Days of the Easter Season.

### MATERIALS:

- [Chaplet of Divine Mercy](#)



### OPENING PRAYER

Lord God,

You loved this world so much that You gave Your one and only Son, that we might be called Your children too. Lord, help us to live in the gladness and grace of Easter Sunday, every day. Let us have hearts of thankfulness for Your sacrifice. Let us have eyes that look upon Your grace and rejoice in our salvation. Help us to walk in that mighty grace and tell Your Good News to the world. All for Your glory do we pray, Lord.

Amen.

by Rachel Marie Stone [www.womansday.com](http://www.womansday.com)



# ICE BREAKER

## *Jerusalema Dance*

Christ has Risen! Alleluia! We are in the Easter Season, which is a joy-filled time of the year when we celebrate Jesus' Resurrection! Does anyone know what King David, whom we know loved music, did when he was joyfully celebrating the return of the Ark of the Covenant to Jerusalem? Well, in 2 Samuel 6:14-15, we read, **“Then David, girt with a linen apron, came dancing before the Lord with abandon, as he and all the Israelites were bringing up the ark of the Lord with shouts of joy and to the sound of the horn.”** Many people today still dance as a way to praise and thank God.



**Explain:** Jerusalema by OkayAfrica's Rufaro Samanga speaks about Jerusalem being the home of many religious believers. The song begins with the words, “Jerusalem, my home” Here are some options for getting the families up and dancing to the music:

**Option 1:** You can play the song again, using its music to play a game of FREEZE. Explain that when the music stops, the students stop dancing. Anyone still moving is “out”. Continue until just one person is remaining.

**Option 2:** Teach the dance!

**Watch:** EASY [Jerusalema Dance tutorial](#). For young and old!

## FAMILY SHARING

The lyrics to the song Jerusalema are very much like the poems, prayers and lyrics that are in the Book of Psalms. Let's look at the lyrics:

Jerusalem, my home,  
Save me!  
Join me,  
Don't leave me here!  
My place is not here,  
My kingdom is not here,  
Save me,  
Come with me!

Just like this song, there are many ways to pray with the Psalms. Sometimes they are chanted, and sometimes they are sung. David surely danced to some of them, and sometimes they are prayed silently. The Psalms express a wide variety of emotions, from thanksgiving and joy, to fear, cries for help and forgiveness.



**Family Conversation:** What is your favorite Psalm and why? (Allow time for each family to share with the larger group)

## CONTENT

**Explain:** As it was explained in the video, Jesus Himself prayed the Psalms. Matthew 1:1 tells us that Jesus is a direct descendant of David and Abraham: **“The book of the genealogy of Jesus Christ, the son of David, the son of Abraham.”**

David was a great king. He ruled for 40 years and won many victories for Israel. He also made mistakes.

# CONTENT CONTINUED

Even though David was a sinner like you and me, he always had the humility to admit he was wrong, confess his sins, do penance and ask for God's forgiveness (see Ps 51). That is why God called David, "A man after God's own heart." God's heart is always waiting for us to turn to Him.

When we look back at God's promises to Abram in Genesis 12:2, we find that David's kingship is the fulfillment of God's promise: "I will make your name great, so that you will be a blessing". To "make your name great" means to establish a royal dynasty from which kings would come. This is what God did for David. He established a royal dynasty from David's line and from it, God the Father's own Son would be born.

King David had a great reverence for the Ark of the Covenant that held the stone tablets on which God had written the Ten Commandments with His own hand. As we saw from the joy David had as he danced when the Ark of Covenant reached its home in Jerusalem, it's clear he understood the immense honor of having it in their midst. So David offered to make a dwelling place for the Ark. God had made a covenant with David.

Read: Psalm 132 and Samuel 7:8-16 when God promised: "Your house and your kingdom shall endure forever before me; your throne shall stand firm forever."

Eventually, Jesus would descend from this royal line to fulfill the blessing to Abraham in Genesis 12:3, "All the families/communities of the earth shall find blessing in you." Jesus is the King of Kings, and God's Kingdom endures forever. The eternal blessing Jesus gives is universal, meaning it's for the whole world. Every family that hands on and lives the faith from generation to generation cooperates with God and is a vital part of sharing the blessings promised to Abraham that are fulfilled in, with and through Jesus Christ! Though sometimes it may take a while, and we may need to have much patience, we know that God our Father loves us, His heart is true, and He always keeps His promises!

## FAMILY CONVERSATION

What is your family's plan for Living the 50 Days of the Easter Season fully?



# PRAY

Closing Prayer:  
Pray the [Divine Mercy Chaplet](#)



# REMIND

Remind families about the next meeting date and time.

