



# FAMILIES FORMING DISCIPLES

A FAMILY-FOCUSED APPROACH TO FAITH FORMATION



## YEAR FOUR GOD'S SAVING LOVE FOR US: LITURGY AND THE SEVEN SACRAMENTS

Drawing from the both the Old and New Testaments and the Catechism of the Catholic Church, Year 4 emphasizes God's love poured out for His children through the Holy Sacraments of His Church. In the Seven Sacraments, our Lord Jesus Christ continues to act, sharing the fruits of His saving work with us today by the power of the Holy Spirit.

**The overall goal of Families Forming Disciples is to help more families to pray and encounter Jesus together and to grow as His disciples—therefore living more of who they are as the Domestic Church.**

For Year 4, a specific goal is to help families grow in their knowledge and understanding of the Seven Sacraments as God's saving love poured out for us. As with previous years, Year 4 lessons will connect with the liturgical seasons and include key references from Sacred Scripture and the Catechism of the Catholic Church, all the while helping families deepen their appreciation and love for the sacraments, renewing a sacramental vision of life. As always, catechists are encouraged to keep the kerygma (the proclamation of the saving message of the Good News--Jesus' saving Passion, Death, Resurrection, and glorious Ascension) and the Person of Jesus Christ ever before them. Lessons will regularly connect with Jesus, who, as our Lord, Savior, and High Priest, is the main actor in the sacraments. Helpful references for catechists on the kerygma and on the importance of Sacred Scripture for catechesis are found in Pope Francis' *Evangelii Gaudium*: nos. 164-165 and 174-175.

N.b. – **Bold** below indicates the primary topic to be treated. *Italics* indicate topics that will be woven into lessons in various ways as examples or supplemental support (e.g., activities, prayers, etc.).

### August (*intro session*)

**Welcome Session for Parents Only**

*Domestic Church*

### September

**Paschal Mystery & the Seven Sacraments**

*Jesus is the New Covenant*

*Covenants, Signs, Promises*

### October

**The Sacraments of Christian Initiation: Baptism**



**November**

**The Sacraments of Christian Initiation: Confirmation**

**December**

**The Sacraments of Christian Initiation: Eucharist**

**January**

**The Sacraments of Healing: Penance and Reconciliation**

**February**

**The Sacraments of Healing: Anointing of the Sick**

**March**

**The Sacraments at the Service of Communion and Mission:  
Holy Orders**

**April**

**The Sacraments at the Service of Communion and Mission:  
Matrimony**

**May**

**Mary, Symbol of the Church**

