

YEAR 3 - LESSON 6 - CATECHIST GUIDE WK. 3



FAMILIES FORMING DISCIPLES

A FAMILY-FOCUSED APPROACH TO FAITH FORMATION

LIFE OF CHRIST: LUMINOUS TO SORROWFUL MYSTERIES

TOPIC: THE INSTITUTION OF THE EUCHARIST, THE AGONY IN THE GARDEN

GOALS

- Families will share your *Serving One Another Experience*.
- Families learn about the Institution of the Eucharist, the first Mass, that took place at the Last Supper.
- Families will identify the words and actions of Jesus at the Last Supper that are the same as those of the priest at Mass.
- Families will begin to reflect on the beginning of Jesus' Passion.
- Families will learn about and discuss Eucharistic Adoration.

MATERIALS

- Bible
- [Slideshow](#) of last supper to integrate into the scripture reading
- Coloring pages can be used anytime during the lesson ([Chalice & bread](#)), ([Agony in the Garden](#))
- Crayons, colored pencils
- Craft/Activity Suggestions (use links to find materials lists) [True Presence of Jesus Zig Zag Craft](#), [Agony in the Garden Diorama](#)



Planning Note: The best way to conclude this lesson is by taking the families to Eucharistic Adoration for 10-15 minutes if possible. If this is not possible, consider inviting families to Eucharistic Adoration at another time.

OPENING PRAYER

Lord Jesus Christ,
We entrust our family to You and ask for Your blessing and protection. We love You Lord Jesus with all our hearts and we ask that You help our family become more like the Holy Family. Help us to be kind, loving, and patient with one another. Give us all the grace we need to become saints and Your faithful disciples.
Amen.

ICE BREAKER

A Great Wind Blows

[Healthy Happy Impactful; Helping Moms Thrive](#)

1. One or two families make a circle with their chairs.
2. One player starts in the middle of the circle.
3. The person in the middle starts by saying, "a great wind blows for everyone who..." and then follows with an action or description such as anyone who's been to Alaska, anyone with a dog, anyone who is wearing tennis shoes, etc.
4. All the players that it applies to have to get up and find a new chair. The person who's not able to find a seat is the new person in the middle.



FAMILY SHARING

Your Family At-Home Mission after reading the *Washing of the Disciples' Feet* in the Gospel of John was to accomplish your plans to serve one another as Jesus calls us to do.

Share your *Serving One Another Experience!*

What did you do to show God's love alive within you by serving the members of your family? (Large group sharing)



REVIEW MAIN CONCEPT

The Fifth Luminous Mystery, the Institution of the Eucharist, and the First Sorrowful Mystery, the Agony in the Garden.



CONTENT

Read: Luke 22:1-13 (Suggestions: Have different people read the parts to make it more interesting – narrator, Jesus, Peter, John – and/or wear costumes and act it out.)

Explain: Now we are going to learn about the Last Supper, or Lord's Supper, as it is sometimes called. But first, do you remember at our last gathering when we talked about how Jesus told his followers that He would give them His Body and Blood so that they could have eternal life and many did not believe Him?

Well, later, John, who was there because he was one of Jesus' apostles, wrote in his Gospel that Jesus told His followers that He, Jesus, was the good shepherd who would lay down His life for His sheep. Jesus explained: *“This is why the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down on my own. I have power to lay it down, and power to take it up again. This command I have received from my Father.”* (John 11: 17-18)

In Luke 22:14 we start to read about the Passover meal and Last Supper that Jesus had with his apostles. It is the beginning of Jesus' sacrifice as the Lamb of God who lays down His life for us. It will end on Good Friday when He dies on the Cross.

Ask: How would you feel about this Passover meal if you were Jesus?

CONTENT

Explain: You might think Jesus would not want to have this meal, but the scriptures tell us, “When the hour came, he took his place at table with the apostles. He said to them, “I have greatly desired to eat this Passover with you before I suffer, for, I tell you, I shall not eat again until there is fulfillment in the kingdom of God.”

Ask: Why do you think Jesus “greatly desired to eat this Passover” with the apostles?

Explain: Jesus greatly desired and looked forward to this celebration because it was the very first Mass! It was the first time that He would give His Body and Blood under the forms or appearances of bread and wine to those He loved! He was instituting the Sacrament of the Holy Eucharist.

He was making the New Covenant that God had promised, and God would be with us forever. As we said last time, because God loves us and knows how much we need Him, He gives us the Eucharist so we are able to see Him, feel Him and receive Him sacramentally and therefore tangibly into our bodies and hearts, to be as close to Him as possible. In the Eucharist, we are forgiven, loved and made new! God too desires this intimacy with us!

Read: [Luke 22:17-20](#)

Watch: [The Last Supper](#) (3 min) & read the subtitles aloud for children.

*Ask everyone to try to identify what Jesus says and does in the video that are similar to what the priest does at Mass.



FAMILY CONVERSATION

Ask: What did Jesus say and do in the video that is the same as what the priest says and does at Mass?

(Give families a few minutes to discuss, then open up to large group sharing.)



Answers:

1. Washing of hands
2. bread & wine
3. Words of consecration

CONTENT

Read: Luke 22:47-53

Ask: How did Judas betray Jesus?

Answer: With a kiss.

Explain: Many saints, including St. Catherine of Siena, have told us to kiss Jesus often to make amends for the painful betrayal of the kiss of Judas.

Ask: What did Jesus keep asking Peter, James and John to do?

Answer: To stay awake and pray with Jesus.

Explain: This is another important thing that the saints tell us, that Jesus wants us to pray with Him. In the Eucharist, Jesus gives us His whole self—Body, Blood, Soul, and Divinity. He is completely present to us. So we should make ourselves also completely present to Him. This is what brings Jesus great joy! One way to do this is by spending time with Jesus in Eucharistic Adoration.

Watch:

- [What is Adoration?](#) A how-to video presented by St. Ann's Launch Children's Ministry (3 min)
- [Adoration for Kids](#) (4min)



FAMILY ACTIVITY

Craft/Activity Suggestions

- True Presence of Jesus in the Eucharist [Zig Zag Craft \(printout\)](#)
- Agony in the Garden ~ [Craft / Diorama](#) by Catholic Inspired (see website for details and materials)

FAMILY CONVERSATION

(Can be done during Family Activity Craft)

Name a way that you pray where you feel the presence of God.
Have you been to Eucharistic Adoration? How would you describe it?
Do you want to try going to Eucharistic Adoration?

The recommended length of time for taking children to Eucharistic Adoration is 10 minutes for first grade and then add 5 minutes for each subsequent grade level: 2nd grade 15 minutes, 3rd grade 20 minutes, and so on...

CLOSING PRAYER

Ask parents to lay hands on their children as they pray this prayer written by St. Mother Teresa of Calcutta:

Heavenly Father,
you have given us the model of life in the Holy Family of Nazareth. Help us, O Loving Father, to make our family another Nazareth where love, peace and joy reign. May it be deeply contemplative, intensely eucharistic, revived with joy.

Help us to stay together in joy and sorrow in family prayer. Teach us to see Jesus in the members of our families, especially in their distressing disguise. May the eucharistic heart of Jesus make our hearts humble like his and help us to carry out our family duties in a holy way.

May we love one another as God loves each one of us, more and more each day, and forgive each other's faults as you forgive our sins. Help us, O Loving Father, to take whatever you give and give whatever you take with a big smile.

Immaculate Heart of Mary, cause of our joy, pray for us.
St. Joseph, pray for us.
Holy Guardian Angels, be always with us, guide and protect us.
Amen.

REMIND

Remind families about the next meeting date and time.

