



FAMILIES FORMING DISCIPLES

A FAMILY-FOCUSED APPROACH TO FAITH FORMATION

LIFE OF CHRIST: THE GLORIOUS MYSTERIES

TOPICS: The Resurrection of Our Lord, The Ascension

FAMILY AT-HOME MISSION ACTIVITY

Your Family At-Home Mission is to watch together as a family the video(s) that are appropriate for your children's age level, read the *50 Ways to Celebrate the 50 Days of Easter with Your Children* article, and create your *Family's Plan for Living the Easter Season*. Then place your Paschal Candle on your family's home altar and pray together a decade of the Rosary meditating on the Resurrection of Jesus. Light the candle each time you pray together during the Easter Season. Lastly, please complete the **Families Forming Disciples** [Family Survey](#).

Step 1: Watch, together as a family, the video(s) that are appropriate for your children's age level.

- [Easter Sunday 2022: What Every Catholic Should Know](#) | Holy Week Reflection by Catholic Minute (Tweens & Teens)
- [The Resurrection of Jesus: Luke 24](#), The Bible Project (Tweens & Teens)
- [The Easter Story](#) (younger children)
- [Easter Traditions](#) | Catholic Central (Tweens & Teens)
- [Jesus Resurrection: The Empty Tomb - John 20](#) | Easter Story for Kids (Sharefaithkids.com) (younger children)
- [Ascension: Don't Just Stand There](#), Life Teen (Tweens & Teens)
- [The Feast of the Ascension explained with Legos](#) (younger children)

Step 2: Read [50 Ways to Celebrate the 50 Days of Easter with Your Children](#) and create your Family's Plan for Living the Easter Season!

Step 3: Place your family's Paschal Candle on your home altar and together pray a decade of the Rosary meditating on the Resurrection of Our Lord. Light the candle each time you pray together during the Easter Season.

Step 4: Take the Families Forming Disciples [Family Survey!](#)

Step 5: Be ready to share your *Family's Plan for Living the Easter Season* at the Week 3 gathering.

DID YOU KNOW

Mysterium Fidei (The Mystery of Faith): The Paschal Mystery, which you learned about in the last session, is Jesus' saving Passion, Death, Resurrection, and glorious Ascension. At every Mass, this mystery is celebrated, proclaimed, and made present in the Eucharist. In fact, right after the consecration of the bread and wine, transforming them into the Body, Blood, Soul, and Divinity of Jesus, the priest invites the whole congregation to proclaim "the Mystery of Faith." *We proclaim your death, O Lord, and profess your Resurrection, until you come again.* Listen for it at your next Mass.

Divine Mercy Sunday: The second Sunday of Easter is Divine Mercy Sunday, which was instituted by Pope St. John Paul II at the urging of the Lord Jesus in His encounters with St. Faustina. What a great day and season to celebrate the Lord's mercy! As we read in the Gospel of John last session, one of the first things the Risen Jesus does is breathe the Holy Spirit upon the Apostles and give them the power to forgive sins. The Lord desires greatly that we experience His mercy in the Sacrament of Penance and Reconciliation and trust in Him!

For a fun way to celebrate, check out [Divine Mercy Sundae!](#)

