

# YEAR 3 - LESSON 3 - FAMILY GUIDE WK. 2



## FAMILIES FORMING DISCIPLES

A FAMILY-FOCUSED APPROACH TO FAITH FORMATION

### LIFE OF CHRIST: THE LUMINOUS MYSTERIES

#### TOPICS:

- Sharing faith stories about the Joyful Mysteries, the childhood of Jesus, with a grandparent or senior.
- Saint John Paul II and the Luminous Mysteries
- This month we are learning about the first and second Luminous Mysteries of the Rosary, the Baptism of Jesus in the Jordan and the Wedding at Cana.
- Preparing for St. Nicholas Day!

### FAMILY AT-HOME MISSION ACTIVITY

Your Family At-Home Mission is to reach out to a grandparent or senior adult to ask them about the childhood of Jesus and their own faith. Watch the videos about Saint John Paul II. Lastly, gather around your home altar/prayer space, light your Jesus Is Our Light candle, and pray a decade of the Rosary meditating on the First Luminous Mystery.

**Step 1:** Reach out to a grandparent(s) or senior adult(s) in your family/ community. Share that the Joyful Mysteries of the Rosary are about Jesus' birth and childhood. Discuss each mystery and ask which one is his/her favorite and why? Ask if he/she ever prayed the Rosary or read the Bible either as a child or as an adult. Does your grandparent or senior have any wisdom to share about living your faith with you?

**Step 2:** Take notes and be prepared to share about what your grandparent or senior adult said about the questions you asked.

**Step 3:** Watch the videos below:

[Pope John Paul II the Great](#) video for tweens/teens and adults!

For younger children: [Saint John Paul II, the Life of a Holy Pope](#)

[The Wedding at Cana!](#) Ordinary Time 2C (Catholic Kids Media)

**Step 4:** Read information below:

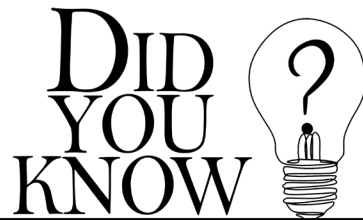
Did you know that the Rosary was Saint John Paul II's favorite prayer? He prayed it every day with his father when he was a boy and was part of a Rosary prayer group in Poland later as a young man. He loved it because while it is a simple prayer to say, one can really think and meditate on what it was like to be there when Jesus walked on the earth.

Right now, we are learning about the Luminous Mysteries. Saint John Paul II added the Luminous Mysteries of the Rosary or the Mysteries of Light, as they are also called, because he said that the time of Jesus' public life were missing from the Rosary. So, he added mysteries that focused on the years that Jesus was preaching and ministering between His Baptism and His death.

These mysteries are called the Mysteries of Light because Jesus is the light of the World. **"While I am in the world, I am the light of the world"** (John 9:5).

**Step 5:** Gather around your prayer altar as a family. Light your Jesus Is Our Light candle that you made last month.

**Step 6:** Take a moment to be silent with God together, and pray a decade of the Rosary together meditating on the Baptism of Jesus.



Mary as intercessor: The Gospel passage of the Wedding at Cana (Jn 2:1-12) reveals how Mary prays and intercedes not only for the needs of the wedding couple and feast but for all of us. On the Cross, Jesus gives Mary to all of us as our Mother. This is why we can go to her and ask for her prayers and intercession even now. Jesus wants us to do that. To learn more, read CCC, no. 2618 and pray with the Gospel passage.

Coming Soon! St. Nicholas Day – December 6

[\*Nicholas: The Boy Who Became Santa\*](#)  
The Saints and Heroes Collection

**\*\*Consider going to the Sacrament of Reconciliation to let Jesus wash your soul clean with His grace and love. This is a beautiful way to spiritually prepare ourselves during Advent for Jesus' coming at Christmas.**

