

YEAR 3 - LESSON 1 - FAMILY GUIDE WK. 2



FAMILIES FORMING DISCIPLES

A FAMILY-FOCUSED APPROACH TO FAITH FORMATION

LIFE OF CHRIST: THE JOYFUL MYSTERIES

TOPICS: JOYFUL MYSTERIES OF THE ROSARY, THE ANNUNCIATION, VISITATION AND NATIVITY

This month we are learning about the first three Joyful Mysteries of the Rosary, the Annunciation, Visitation and Nativity. These mysteries are found at the beginning of the New Testament in the first four books that are called the Gospels, which means “Good News.”

FAMILY AT-HOME MISSION ACTIVITY

Your Family At-Home Mission is to review the resources below, to learn more about the Gospel (the message of the Good News of Jesus Christ) and the four Gospels in the New Testament (Matthew, Mark, Luke, and John), to enjoy making Full of Grace Ice Cream Floats, and to pray a decade of the Rosary meditating on the Second Joyful Mystery, the Visitation, together around your home altar/prayer space.

Step 1: Watch one or all of the Gospel videos below:

For younger children: [The Four Gospels](#) | [Jesus is the Good News!](#) | [What's in the Bible?](#) | [DVD 10](#)
1:48 (Tweens & teens)

For tweens & teens: [Gospels](#) | Catholic Central

For tweens & teens: [The Four Gospels](#)

Step 2: Gather your family together around your home altar, and from your family's bible read **Luke 1:39-55** *The Visitation*.

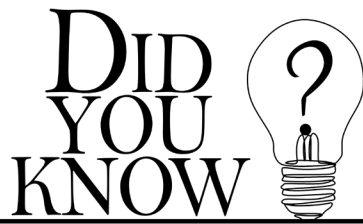
Step 3: Invite each member to share intentions for which he/she would like the family to pray.

Step 4: Using the Rosary for Children booklet/pamphlet, pray a decade of the Rosary together while meditating on Mary's visitation to Elizabeth.

Step 5: Watch LIHMposts: [Mary's Yes The Annunciation](#) (For younger children) and then follow the instructions to make your Full of Grace Ice Cream floats. You will need: vanilla ice cream, blue food coloring, lemon-lime soda.

Step 6: Watch: *The Witnesses Trilogy: God With Us* | [Full Movie](#) or [1:00-8:28](#).

Step 7: Be prepared to share about what the Gospel is and what you learned about the four Gospel writers at the Week 3 gathering.



The importance of the Gospels and the New Testament in the Bible

“The Gospels are the heart of all the Scriptures ‘because they are our principal source for the life and teaching of the Incarnate Word, our Savior’” (CCC, no. 125). The writings of the New Testament “hand on the ultimate truth of God’s Revelation. Their central object is Jesus Christ, God’s incarnate Son: his acts, teachings, Passion and glorification, and his Church’s beginnings under the Spirit’s guidance” (CCC, no. 124).

Also, Mary’s Birthday is September 8th! The Church celebrates on that day the Nativity of the Blessed Virgin Mary. How can your family celebrate Mother Mary’s birthday? (If it’s past Sept. 8, consider a belated-birthday celebration...)

For Parents:

- [*10 Tips For Praying The Rosary With Kids*](#) Catholic Icing (for parents)
- [*Tools for Building a Domestic Church*](#)

