



FAMILIES FORMING DISCIPLES

A FAMILY-FOCUSED APPROACH TO FAITH FORMATION

LIFE OF CHRIST: THE LUMINOUS MYSTERIES

TOPIC: THE TRANSFIGURATION AND EPIPHANY

GOALS

- Families will reflect on how God has helped them through difficult times.
- Families will share about their Family Epiphany Blessing experience.
- Families will write about what gifts they will give to God this year.
- Families will create a prayer box for their home altars.

MATERIALS

- Bible
- Printable [“Bingo” sheets](#) by Paper Trail design
- Pens or pencils, paper
- small cardboard or tin box (1 per family)
- decorative paper
- paint, markers, glue
- various other small decorative items such as beads, jewels, gold cord, etc.
- More family Epiphany ideas can be found at [Kennedy Adventures](#)

OPENING PRAYER

Lord Jesus Christ,
 We entrust our family to You and ask for Your blessing and protection. We love You Lord Jesus with all our hearts and we ask that You help our family become more like the Holy Family. Help us to be kind, loving, and patient with one another. Give us all the grace we need to become saints and Your faithful disciples. Amen.

ICE BREAKER

Find Someone Who...

1. Group 3-4 families together.
2. Use the “Bingo” printable at the link under “Materials”, one for each player.
3. Players ask one another questions and sign initials in the corresponding box until they get a Bingo!

FIND SOMEONE WHO

FIND A DIFFERENT PERSON FOR EACH BOX.
 CAN YOU GET A BINGO OR A BLACKOUT?

Has had a broken bone.	Has been out of the country.	Went to a National Park this summer.	Has a little sister.	Has a pet that is not a dog or cat.
Can play a music instrument.	Wears the same shoe size as you.	Can speak two languages.	Favorite food is pizza.	Is left handed.
Was born the same month.	Went camping.	Wearing mismatched.	Can whistle.	Has read all of



REVIEW MAIN CONCEPT

The Transfiguration of Jesus and the Epiphany



CONTENT

LECTIO DIVINA

The last time we were together we talked about the Transfiguration of Jesus.

Ask: Does anyone remember what happened at the Transfiguration? (Accept various responses)

Answer: The disciples saw Jesus' face and clothes shine like the sun at the Transfiguration and heard the words of God the Father, "This is my beloved Son with whom I am well pleased; listen to him."

Ask: Does anyone remember why God wanted the disciples to see Jesus transfigured?

Answer: Jesus knew that his disciples loved Him and that they would be devastated when He was killed. In the sadness of that hour of Jesus' death, this heavenly vision would give them hope.

FAMILY SHARING

(SMALL GROUP)

Have you ever gone through a difficult time and something you remembered about God gave you hope and helped you?

Share about that time.

(LARGE GROUP)

Ask each family to share about their Family Epiphany Blessing experience and show the pictures of their front doors.

How would they describe their experience? How did it make them feel, about their family, their home, themselves?



CONTENT

Read [Matthew 2:1-12](#)

Family Conversation: The three kings followed a bright star that was shining in the darkness and that led them to the Baby Jesus. Light was important here for the wise men, as it was for Peter, James, and John during Jesus' Transfiguration.

What are some examples of how the light of God's grace leads you and your family to Jesus? Does His grace lead you to pray together as a family? Does His grace lead you to forgive one another? Does His grace lead you to help each other? Give some examples.

FAMILY ACTIVITY

What Gift Will You Give to Jesus?

Adapted from [Sunday School Network](#)

Step 1: Give each family member a small piece of paper and a pen to write a prayer.

Step 2: Ask them to prayerfully think about what they can bring to Jesus Christ our King this year. (Spend a few minutes praying and asking God to show them what they can bring to Jesus.)

Step 3: Begin the sentence with, "Because Jesus is the King of my life, I will _____." Then have each family member fill in the blank. (Provide examples: "Because Jesus is the King of my life, I will show kindness to those who I sometimes find difficult to love." or, "Because Jesus is the King of my life, I will spend more time in prayer talking to Jesus." or, "Because Jesus is the King of my life, I will spend more time reading the Bible.")

Step 4: Each family decorates a small cardboard or tin box (see materials list).

Step 5: Families place their prayers into the box. Invite families to take the boxes home and place them on their home altars as a reminder of the gifts they will bring to Jesus this year.



CLOSING PRAYER

(Gather everyone around the home altar/prayer space.)

O God, by the leading of a star You manifested Your only Son to the peoples of the earth: Lead us, who know You now by faith and not by sight, to Your presence, where we may see Your glory face to face; through Jesus Christ our Lord, Who lives and reigns with You in the unity of the Holy Spirit, God, forever and forever. Amen.

Adapted from KathyrnShirey.com

REMIND

Remind families about the next meeting date and time.

