

YEAR 4 - LESSON 1 - FAMILY GUIDE WK. 2



FAMILIES FORMING DISCIPLES

A FAMILY-FOCUSED APPROACH TO FAITH FORMATION

GOD'S SAVING LOVE FOR US: LITURGY AND THE SEVEN SACRAMENTS

TOPICS:

- EXPLORING THE PASCHAL MYSTERY AND THE SEVEN SACRAMENTS
- REVIEWING JESUS AS THE NEW COVENANT, COVENANTS, SIGNS, PROMISES
- SHARING FAITH STORIES ABOUT THE SEVEN SACRAMENTS WITH A GRANDPARENT OR SENIOR

MATERIALS:

- 1 CUP OF WHITE CHOCOLATE MORSELS
- ROUND CIRCLE PRETZELS
- WAX PAPER
- SPATULA
- FORK
- 3 BOWLS

FAMILY AT-HOME MISSION ACTIVITY

Your Family At-Home Mission is to, as a family, watch one or more of the videos about the Seven Sacraments, reach out to a grandparent or senior adult to ask them about their experiences of the sacraments, and enjoy making Holy Halo treats! Lastly, gather around your home altar/prayer space, light your blessed votive candle, and pray a decade of the Rosary in honor of Our Blessed Mother Mary's birthday!

Step 1: As a family, together, watch one or more of the videos below:

- [The Seven Sacraments Lesson](#) - Sadlier
- [Catholic Sacraments Explained](#)
- [Covenants Bible Project](#)

Step 2: Reach out to a grandparent(s) or senior adult(s) in your family/ community.

Ask: Which sacrament do you remember the best and why?
Which sacrament were you the most excited about receiving and why?
Which sacrament has helped you the most and why?

Step 3: Take notes and be prepared to share about what your grandparent or senior adult said at the Week 3 gathering.

Step 4: Your family is called to be the Domestic Church and to be holy! Enjoy making Holy Halo Treats together!

Watch: [Catholic Cooking: How to Make Holy Halos](#) (White Chocolate Covered Pretzels)

Step 5: Place your blessed, votive candle on your home altar/prayer space, and as a family, pray a decade of the Rosary in honor of Mary's birthday during the month of September.

DID YOU KNOW

The Paschal Mystery

The Paschal Mystery is the saving Passion, Death, Resurrection, and Glorious Ascension of our Lord Jesus Christ. It is the great work of redemption – the Lord’s rescuing us from sin, death, hell, and the devil. This mystery is made present in the Liturgy, particularly in Holy Mass, by Christ Himself. How can something that happened in the past be present today? See what the *Catechism* says about it:

“His Paschal mystery is a real event that occurred in our history, but it is unique: all other historical events happen once, and then they pass away, swallowed up in the past. The Paschal mystery of Christ, by contrast, cannot remain only in the past, because by his death he destroyed death, and all that Christ is – all that he did and suffered for all men – participates in the divine eternity, and so transcends all times while being made present in them all. The event of the Cross and Resurrection *abides* and draws everything toward life” (CCC, no. 1085).

National Eucharistic Revival

Learn more about the call to Eucharistic Revival at <https://archatl.com/revival>.

